Belville Bugle

BELVILLE COMMUNITY GARDEN TRUST

Issue date: August 2022

Welcome to the first edition of the Belville Bugle! This new newsletter from BCGT will be giving updates on what's happening soon here at Belville Community Garden, as well as covering what we've previously & currently been up to.

Starting in October, we'll be headlining each issue with the Big Blether, where we ask the community a question and publish your responses in the next issue. To start, here's the first question:

What does wellbeing mean to you?

Feel free to let us know your answer however you like, here's how you can reach us:

By **post** or simply **coming in** for a chat: 53-57 Belville Street, Greenock PA15 4UN
Email: info@belvillecommunitygarden.org.uk

Give us a **ring**!: 01475 726034
Drop a wee message on **social media** (links at the end of page 2)!
Our opening hours are 9am-4pm Mon-Thu & 12pm-1pm Fri.

Since the pandemic, we at Belville have been discussing reopening events to the public, as well as talking about ways to handle the ongoing cost-of-living crisis. Here's some tips to save on costs:

- **Plan meals ahead**
- **Batch cook your weekly/monthly meals**

Follow BCGT for more tips & practical cookery skills to reduce your costs of living!

BELVILLE SPOTLIGHT:

Every issue we'll be focusing on one particular individual here at Belville. This month we'll be featuring one of our wonderful staff: Wilma Hunter!

Wilma has been with us since 2020, having started out as a volunteer before joining the staff. We've asked several people around Belville and they've all had some wonderful things to say about her:

"She's always willing to help you out in any way, would probably give you the clothes off her back if she thought you needed it, and makes everyone smile!" - Taylor B.

"A truly wonderful ray of sunshine" - Aidan M.

"Wilma is an essential member of the Belville team, always willing to help and everybody's friend" - Sally C.

We'll put the spotlight on someone else next month, let us know who you think it should be! Who knows, it could even be you!

WHAT'S ON:

Aug 2nd - Pirate Day!

Aug 22nd - Strategy Day

Aug 25th - Volunteer Day

Last Tuesday every month 6:30pm-8pm
The Gay Agenda

Mondays 1pm-3pm
Garden Club

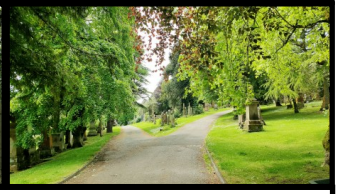
Tuesdays 1:30pm-3pm
Tabletop

Wednesdays 1pm-3pm
Knit & Natter

Thursdays 1pm-2:30pm
Failte Family **(starts 18th Aug)**

What else has been happening at Belville? Over the past few months, we've had several exciting activities going on, here's just some:

Every month we have a **Health Photography Walk** where we meet up with people in the community to take photos while walking around various places. Last month, Don, Serge (pictured left) and Aidan (not pictured, was taking the photos) visited Greenock Cemetery!



Every Tuesday we have **Tabletop**, where people who may have low mobility or feel isolated can come in, make connections & also craft something new every week. We've previously painted stones (left), making hama bead patterns and clay sculptures! On top of that, we have **Knit & Natter** every Wednesday, where members of the community just relax in the main room for, well, knitting & nattering! Both are welcome for anyone to come along!

We grow all sorts of things at **Garden Club**, from vegetables to herbs (pictured right are some rosemary & sage we've hung to dry), we also have allotments for anyone looking to grow their own! Get in touch if you're interested!

That's all for this month's issue, our next one should be due on October 1st! (spooky…)
See you soon!

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