Belville Bugle

BELVILLE COMMUNITY GARDEN TRUST

Issue date: September 2022

Welcome back to the Bugle! August was pretty jam-packed so here's a surprise issue to document everything that's been happening! To start, we had **Pirate Day** at the start of the month, where we set up various sea-worthy activities for families to take part in. (Pictured left: Taylor!)

Thanks a lot for your answers to last month's Big Blether! Some answers that really spoke to us include:

"Wellbeing means a combination of mind, body & soul. Whether that's getting out in nature, yoga, mindfulness & creativity, it's both internal & external"

"An overall view to a person's ability to find peace & balance in feeling content and purposeful"

This month's Big Blether question is:

<u>What do you personally think would help eradicate food poverty in Inverclyde?</u>

As always, let us know your answers! Contact us by any of these methods:
By **post** or simply **coming in** for a chat: 53-57 Belville Street, Greenock PA15 4UN
Email: admin@belvillecommunitygarden.org.uk
Give us a **ring**!: 01475 726034
Drop a wee message on **social media**! (links at the end of page 2)
Our opening hours are **9am-4pm Mon-Thu** & **12pm-1pm Fri**.

WHAT'S ON:

Mondays 1pm-3pm
Garden Club

Tuesdays 1:30pm-3pm
Tabletop (resuming 13/09/22)

Wednesdays 1pm-3pm
Knit & Natter

Thursdays 1pm-2:30pm
Failte Family

Fridays 12pm-1pm
Soup & a Blether

Last Tuesday every month 6:30pm-8pm
The Gay Agenda

BELVILLE SPOTLIGHT:

This month, we're focusing the spotlight on our resident meeter-and-greeter Michelle Markey!

Michelle has been with Belville for a few years now, and she always turns up with a smile, whether it's for Soup & a Blether, Garden Club, and Tabletop (as pictured)! We've received several compliments for her from others at Belville:

"Greets everyone with a laugh & her jovial manner makes everybody feel at ease" - Hamish

"She's always pleasant and if she could train other people to be like she is, it would be amazing" - Anne

"Michelle is Belville's beating heart. She's a joy to be around and teaches us all something new about life every time we speak" - Sally

We'll put the spotlight on someone else next month!

On August 22nd, we held our **Strategy Day!** This gathering of so many individuals and organisations involved with Belville (staff, volunteers & board members) took a closer look at where we are as a charity, where we're going, and how we're getting there, as well as what Belville & Inverclyde as a whole mean to each and every one of us. We will be producing a written report of the day including future actions.
A huge thank you to everyone who attended!

In our second week in August, we held our first ever **Wild Week**. This week involved visiting great locales such as Auchmountain Glen and Lunderston Bay with 11-16 year olds for a few days of fire lighting, bush craft, shelter building and loads more!

We've recently launched **Failte Family**, taking place on Thursdays over 10 weeks, where the focus is welcoming Scots both old and new, both born-and-bred here and those having moved here recently and learning about each other's cultures & language skills.

BIKE CAFÉ

Do you have a bike that's a little worse for wear? Do you just want to learn how to repair bikes? Come over to BCGT for **Bike Café**, where our bike specialist Chris can show you the ropes (or rather, gears) about bike maintenance! Our opening times are:

Monday - **10am - 2pm (for under 21s)**

Wednesdays - **1pm - 4pm (for 21s & over)**

"Going to the bike café taught me more about how to look after my bike than I already knew."

- Aidan M.

That's all for this month's issue, we'll see you all in October!

"I would NOT give the clothes off my back!"

- Wilma, in response to being in the Belville Spotlight last issue